

5th Annual
PERFORMING ARTS ATHLETIC TRAINERS' SOCIETY
Symposium

FEBRUARY 24, 2024 | 11:30 - 4:30 PM ET | 4 CEU
PAATS MEMBERS: \$35 PROFESSIONAL / \$10 STUDENT
NON-MEMBERS: \$50 PROFESSIONAL / \$20 STUDENT
REGISTER AT [PAATSOC.ORG](https://paatsoc.org)

Schedule

11:30am-11:45am | Welcome

Kevin Brown, MEd, ATC, LAT, CKTP

11:45am-12:45pm | Understanding injury risk in the circus arts and norms for circus bodies

Stephanie Greenspan, PT, DPT

1:00pm-1:30pm | Movement screens for aerialists and circus performers: A rapid review

Krystle Celis-Palaganas, MS, ATC

Annette Karim, PT, DPT, Ph.D., OCS, FAAOMPT

1:30pm-2:00pm | Straight arm hanging analysis of aerial circus artists

Emily Scherb, DPT

2:15pm-2:45pm | Ballet is Backwards: Navigating the clash of tradition and science

Jacob Manley PT, DPT, MS, LAT, ATC, CSCS

2:45pm-3:15pm | Pelvic floor dysfunction in dancers: a multidisciplinary approach

Teresa Smith, PT, DPT, OCS, WCS

3:30pm-4:00pm | Relationship between Eating Attitudes Test Scores and the COVID-19 Pandemic in First-Year University Dancers

Lauren McIntyre, ATC and Ella Otto, MS, ATC

4:00pm-4:30pm | Identification and Management of Low Energy Availability in Performing Artists

Emily Hornyak, DAT, LAT, ATC

Learning Objectives

1. Identify and implement screening tools for identifying Low Energy Availability and risk of eating disorder in performing artists.
2. Utilize strength and conditioning concepts to provide recommendations for periodization of dance training.
3. Identify risk factors for injury and injury trends associated with circus and aerial artists.
4. Recognize and assess proper straight arm aerial hanging form as well as compensations that lead to increased risk of injury.

Cancellation & Refund Policy

Performing Arts Athletic Trainers' Society reserves the right to cancel or delay the course due to any unforeseen circumstances. In the event that this course would be cancelled, we will notify you via e-mail.

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